

# SINK INTO INDULGENT BLISS. ENJOY A PAMPERING EXPERIENCE IN DESIGNER AMBIENCE. REVEL IN LUXURIOUS SOLITUDE.

Enjoy soothing spa treatments so INDULGENT you won't want them to end.

Escape into an extraordinary setting and spoil yourself with a REJUVENATING treatment at Coqoon Spa.

Delight in a deep-tissue massage as the balmy breeze caresses your skin and birds serenade you from above.

Nothing compares to the SENSUOUS serenity of being pampered in an enchanted garden.

# SIGNATURE TREATMENTS

#### Coqoon Rebirth Massage 60 mins THB 2,500 / 90 mins THB 3,000 / 120 mins THB 3,400

A completely personalized experience. Allow our highly-skilled therapists to tailor a massage that fits your unique needs, wants and body composition. Utter satisfaction.

### Coqoon Awakening Massage 60 mins THB 4,100 / 90 mins THB 4,600

A complete submersion in the divine. Two highly skilled therapists treating you in complete unison. Working through the body's layers – each moment revitalizing. Rounding off the most indulgent of experiences. Emerging reawakened, ready for flight.

# THAI MASSAGES

# Traditional Thai Massage

#### 60 mins THB 1,900 / 90 mins THB 2,400 / 120 mins THB 2,800

The ancient healing art of Thai Massage. Pressure is applied to the body's energy meridians, releasing built-up tension, improving blood circulation, and freeing the body of toxins that gathers in tired or overworked muscles.

#### Thai Folk Massage

### 60 mins THB 1,900 / 90 mins THB 2,400 / 120 mins THB 2,800

A graceful tradition passed down through the ages. Let our therapist guide you through a sequence of passive stretching and manipulation of chi points to leave you feeling refreshed and awake.

#### Thai Herbal Compress Massage (Luk Pra Kob) 90 mins THB 3,000 / 120 mins THB 3,400

Combining the best of two traditions to bring you a feeling of deep peace. Begin with a traditional Thai massage followed by kneading with a herbal compress that stimulates the body's natural chi.

# MASSAGES

#### Coqoon Indian Head Massage 60 mins THB 2,500

Relieve the stress, tension and aching that accumulates in the head, neck, shoulders and joints. Skilled hands massage the pressure away, while a sensory warm sesame oil hair and scalp massage soothes.

#### **Relaxing Massage**

#### 60 mins THB 2,500 / 90 mins THB 3,000 / 120 mins THB 3,400

A gentle massage combining ancient and contemporary techniques and traditions. Soft palms and flowing fingertips gently tease tired muscles, releasing emotional and physical tension and creating a sense of wellbeing.

#### **Invigorating Massage**

#### 60 mins THB 2,500 / 90 mins THB 3,000 / 120 mins THB 3,400

This powerful massage works deep through the muscular layers, targeting pressure points located throughout the body to allow the free flow of energy to return the body's equilibrium to its natural state. Inspired by the ancient healing arts of Thailand and Indonesia.

### Lymphatic Drainage Massage 60 mins THB 2,600 / 90 mins THB 3,100

The body's detox system can often become sluggish and congested, which in turn leads to fluid retention and toxin accumulation. This gentle massage stimulates the lymphatic system and assists the body in the removal of toxins and fluid.

#### **Pregnancy Massage**

#### 60 mins THB 2,600 / 90 mins THB 3,100

Specially trained therapists perform specific techniques that are proven to be safe and soothing for expectant mothers. Aches and pains that are common throughout pregnancy are the focus of a gentle and healing touch.

#### Sculpt Zone Treatment 60 mins THB 2,600 / 90 mins THB 3,100

The SCULPT ZONE by PHYTOMER is an intensive body treatment working on the abdomen, buttocks and thighs to eliminate excess fat and cellulite. For radical slimming visible results are fluid retention, trimmer curves, reduce cellulite and uneven skin tone. It is a delicate and efficient body care preserving the look of youth that you have been looking for. A course of treatments is recommended.

# FACIALS

#### Anne Sémonin Deep Marine 75 mins THB 3,400

Ideal for combination, oily or problematic skin, this deep cleansing purifying treatment combines traditional steam and extraction techniques with a rebalancing lymphatic drainage massage. A detoxifying and anti-inflammatory peel-off mask and aromatic intensive complexes are used to soothe, calm and rebalance the skin.

## Anne Sémonin Skin Renewal 75 mins THB 3,400

Ideal for all skin types especially those with pigmentation, acne scar, open pores and wrinkles. The transformative treatment which re-invents the surface of your skin to be toned. The complexion is even and bright, renewed and visibly younger looking skin.

#### Anne Sémonin Cryotherapie Age-Defying 60 mins THB 2,900

A contouring and firming facial designed to combat the visible signs of ageing. Neurocosmetic ingredients are combined with 100% active serums and advanced cryotherapy ice cubes to regain the skin's natural youthful glow. Instantly tightening and firming – glow, be radiant.

## Anne Sémonin Soothing Remedy 60 mins THB 2,900

A gentle therapy to soothe and calm hypersensitive, irritated or sun-damaged skin prone to redness and irritation. Saturated gauzes combined with soothing aromatic intensive complexes calm and restore the skin's equilibrium bringing rapid relief. Satisfyingly nourishing.

### Anne Sémonin Hydra Express 45 mins THB 2,500

A powerful express skin replenishment treatment – ideal for maximum results. Immediately refreshes and hydrates the skin, leaving it soft, supple and revitalized.

# Anne Sémonin Miracle Eyes 30 mins THB 1,900

Designed to enhance, lift and firm the eye area. State-of-the-art 'Express Radiance' ice cubes with their cryotherapy benefits are used in combination with a therapeutic lymphatic eye massage to relax muscular fatigue and target the signs of ageing.

# BODY EXFOLIATIONS

### Sea Salt Scrub 45 mins THB 2,000 60 mins THB 2,300

An exotic blend of salts of the ocean, Ylang Ylang, geranium, jasmine essential oils and cinnamon powder. Gentle exfoliation removes dull skin cells leaving your skin smooth, soft and glowing. High levels of antioxidants also assist in nurturing the skin and slowing down the ageing process. Completed by a cooling application of yoghurt and cucumber.

# Coconut Scrub 45 mins THB 2,000 60 mins THB 2,300

A traditional Thai scrub of coconut, ground corn, creamy coconut milk and lauric acid. A perfect treatment after a day in the sun, protecting and moisturizing damaged skin.

### Micro-Collagen Scrub 45 mins THB 2,000 60 mins THB 2,300

An exotic scrub combining the use of vitamin E beads and micro-collagen to promote skin renewal and stimulate collagen production – resulting in smooth and silky skin.

### Purple Frangipani Scrub 45 mins THB 2,000 60 mins THB 2,300

Using hydrolyzed wheat protein for tightening and promotion of skin healing, and combining it with a focus on the body's age lines, this treatment rewinds time.

### Bamboo Charcoal Scrub 45 mins THB 2,000 60 mins THB 2,300

Bamboo charcoal powder – the ultimate detox. An antioxidant-enriched rice bran oil is applied to the skin to enhance and complement the charcoal, leaving you rejuvenated and healthy.

### Champaka Scrub 45 mins THB 2,000 60 mins THB 2,300

This popular scrub combines the healing properties of Solanum lycopersicum and Chamomilla recutita to assist the body in its fight against free radicals. High levels of antioxidant provide protection against everyday skin damage.

# **BODY WRAPS**

#### Aloe Vera Wrap 60 mins THB 2,300

Soothing aloe Vera is renowned for its excellent calming properties for overexposed, dehydrated or irritated skin. An aromatic blend of lavender and chamomile is used for soothing the skin, allowing it to retain its softness and natural sheen.

#### Coconut Wrap 60 mins THB 2,300

Condition your skin after bathing in the sun all day. Coconut oil heals and cools while blended essential oils of lavender, plai and tea tree soothe and relax. The perfect way to end a day in paradise.

#### Micro-Collagen Wrap 60 mins THB 2,300

Promote collagen growth and more youthful skin. Vitamin E beads gently exfoliate dead skin cells, in turn stimulating skin renewal.

### Purple Frangipani Wrap 60 mins THB 2,300

Combining the elements of purple frangipani for firming and softening, rice bran oil for its moisturizing attributes and rose floral water for its anti-bacterial properties. Emerge feeling silky smooth.

#### Bamboo Charcoal Wrap 60 mins THB 2,300

Deeply detoxifying, absorbing the body's impurities and tightening skin. Complement with a Lymphatic Drainage Massage for even better results.

#### Champaka Wrap 60 mins THB 2,300

A combination of Chamomilla recutita extracts for softening and moisturizing, Kaolin for absorbing impurities and minimizing pores, and Solanum lycopersicum for its fight against free radicals.

# COQOON THERAPIES

## Sole Relief 60 mins THB 2,500

Focused on the feet and lower legs – two areas that are often overlooked. Deep and firm rhythmical pressure is applied, followed by a soothing application of moisturizer.

### Foot Relaxation 60 mins THB 2,500

This energy-based tradition aims at balancing your body's natural equilibrium through pressure points in the feet. Aches, pains, worries and stress simply melt away.

#### Basic Hands & Feet Therapy 120 mins THB 3,400

Soothing remedy for your hands and feet encompassing a soak, scrub, wrap and ending with a sensuous massage.

# Deluxe Hands & Feet Therapy

#### 150 mins THB 4,200

Kaffir lime with rose petals feet soak, scrub and warp. Followed by nail shaping, painting and a mini hand& feet massage.

# ADD-ON TREATMENTS

# Sesame Hair & Scalp Treatment 30 mins THB 1,300

Warm sesame oil, fingers kneading pressure points along your scalp and neck. The perfect addition to any of our treatments.

### Ear Candling 30 mins THB 1,300

An age-old non-intrusive technique originating from the Native Americans to improve their hearing and eyesight before battle. This highly beneficial treatment will help you relieve a variety of ailments including headaches, tension, tinnitus and blocked ears while also stimulating your lymphatic system.

### Mini Cleansing Facial 30 mins THB 1,300

The perfect addition to a body treatment, cleanse away unwanted particles, and indulge in a face and scalp massage.

#### Coqoon Energiser 30 mins THB 1,300

This assisted stretching treatment will allow the free flow of energy and ultimately leading to good health. The perfect completion to any body massage.

#### Back Detox 30 mins THB 1,300

Often subject to tensions, stress and pains, the very important part of our body is back. With a deep cleansing and the detoxifying bio-technology marine, the PHYTOMER Self Heating Mud with itself stress-free benefits eliminating fatigue and cortisone. It is a deep relaxation leaving your body with a purified skin, and your back is well-pampered.

# Steam

# 30 mins THB 1,300

The perfect way to cleanse and prepare skin for the next treatment. Also helps to ease the muscular aches and pain.

### Milky Bath 30 mins THB 1,300

The most romantic way to end your treatment. Enjoying the moisturizing, exotic aroma milky bath of your choice while bathing in rose petals.

# **BEAUTY SALON**

# SALON TREATMENT

Hair Shampoo & Blow Dry Ladies Short Ladies Medium Ladies Long hair Gentlemen short hair	<b>Price</b> THB 700 THB 800 THB 900 THB 600	Nails Manicure Pedicure French Manicure French Pedicure Nail Polish	Price THB 1,100 THB 1,300 THB 1,300 THB 1,500 THB 600
<ul> <li>*Hair longer than shoulder length is considered long hair</li> <li>Hair Cut Ladies Gentlemen Children</li> </ul>	THB 800 THB 600 THB 400	<b>Wax</b> Eye Brows Upper Lip & Chin Underarms Arms	THB 500 THB 500 THB 700 THB 1,100
Hair Styling Ladies Gentlemen Hair Spa (Shampoo, Mask, Steam, Blow Dry) Ladies Gentlemen	THB 1,700 THB 1,300 THB 2,200 THB 1,700	Bikini Brazilian Hollywood Half Legs Full Legs Back	THB 1,500 THB 1,700 THB 1,500 THB 1,700 THB 1,700
<b>Shaving</b> Shaving	THB 600		

# SPA PACKAGES

Coqoon Spa specialises in deeply REJUVENATING rituals with rich, luscious ingredients in the most sumptuous setting. Offering six luxurious treatment suites and a Tree Nest tucked within our EXQUISITE tropical gardens. All packages can be done in "The Nest" with an additional 20% suppliment charge.

#### Thai Life 210 mins THB 6,800

Delve into the magic of Thailand's healing rituals. Begin with an aromatic herbal bath to ease you into your journey of relax ation. Using local products concocted specifically for Coqoon Spa, choose from a selection of body wraps or allow our expert therapists to assist you in your choice. Relax with a platter of exotic Thai fruits before concluding your experience with an all-encompassing Traditional Thai Massage.

• Foot Ritual

<ul> <li>Coqoon Spa Body Scrub</li> </ul>	30 mins
<ul> <li>Coqoon Spa Body Wrap</li> </ul>	60 mins
<ul> <li>Traditional Thai Massage</li> </ul>	90 mins
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Thai Herbal Bath 30 mins

#### Beautiful Pearl 180 mins THB 6,800

This inspired pearl treatments, begin with an exfoliation and wrap both refreshing and soothing. Beautify with a facial treat ment, emerge dazzling.

Foot Ritual

<ul> <li>Coqoon Spa Body Scrub</li> </ul>	60 mins
<ul> <li>Coqoon Spa Body Wrap</li> </ul>	60 mins
<ul> <li>Coqoon Spa Facial Treatment</li> </ul>	60 mins

#### Mum-to-Be 150 mins THB 5,800

Pamper, unwind, take the weight off with Coqoon Spa's natural treatments. Specialized massage techniques will ease tired muscles while an Anne Sémonin Marine Deep Facial will add to that maternal glow.

- Foot Ritual
- Pregnancy Massage 90 mins
- Coqoon Spa Facial Treatment
   60 mins

# SPA PACKAGES

#### Mr. & Mrs.

#### 150 mins THB 11,000 per couple

Kindling romance, a perfect celebration for your honeymoon or anniversary. Experience as one a 60-minute Massage. Glow from both inside and out, with Coqoon Spa Facial and ended with romantic milky bath.

60 mins
60 mins
30 mins

#### Sculpt Zone Treatment Packages 60 mins Sculpt Zone Treatment for 3 treatments THB 7,100 60 mins Sculpt Zone Treatment for 5 treatments THB 11,500

The SCULPT ZONE by PHYTOMER is an intensive body treatment working on the abdomen, buttocks and thighs to eliminate excess fat and cellulite. For radical slimming visible results are fluid retention, trimmer curves, reduce cellulite and uneven skin tone. It is a delicate and efficient body care preserving the look of youth that you have been looking for.

# Coqoon Awakening

#### 120 mins THB 7,700

A complete submersion in the divine. Two highly skilled therapists treating you in complete unison. Working through the body's layers – energy touch – each moment revitalizing, followed by Coqoon Spa exfoliation and Signature Treatment. Rounding off the most indulgent of experiences, a scalp and foot experiences at the same time. Emerging reawakened, ready for flight.

<ul> <li>Foot Ritual</li> </ul>	
<ul> <li>Coqoon Spa Body Scrub</li> </ul>	30 mins
Coqoon Awakening Massage	60 mins
Sesame Hair & Scalp and Sole Relief	30 mins

# THE NEST PACKAGES

The Nest, the piece de resistance of Cogoon Spa. A luxurious spa suite suspended mid-air, accessible only by a flying bridge. Suspended in the purity of nature, blissfully hidden away.

#### **Nest Rebirth** 120 mins THB 5,100

Reborn as a butterfly. A gentle revitalizing scrub followed a holistic Signature Treatment - Coqoon Rebirth Massage. Emerging in a new light.

- Foot Ritual
- Cogoon Spa Body Scrub 30 mins 90 mins
- Cogoon Rebirth Massage

# **Nest Detox**

#### 150 mins THB 6,000

Retreat. Natural ingredients that draw out impurities and invigorate with fresh, rich nutrients. An all-encompassing Bamboo Charcoal Wrap, soothing, warm. A Lymphatic Drainage Massage and back detox, delightfully refreshing.

- Foot Ritual
- Bamboo Charcoal Wrap 60 mins • Lymphatic Drainage Massage 60 mins Back Detox 30 mins

# SPA ETIQUETTE

**Reservations** – it is recommended that bookings are made at least one day booking in advance to secure your preferred date and time of treatment. A credit card number is required at the time of booking for outside guests.

**Check-in** – Please arrive at least 15 minutes prior to your scheduled treatment to complete health consultation and enjoy our welcome procedures. Late arrival will result in a shortened treatment time. We will provide slippers, bathrobes and all amenities required for use during your visit.

Cancellation Policy – The treatments you select are reserved especially for you. If you wish to cancel your spa appointment, at least 4 hours notice is required. The full treatment fee will be imposed for a 'no-show' or any cancellation with less than 4 hours notice. Please give at least 24 hours notice for any re-scheduling, subject to availability.

#### **General consideration**

- Out of consideration to other spa guests, we request that all noise is kept to a minimum.
- Children are not allowed at the spa unless they are having treatment or are accompanied by an adult.
- Smoking and the consumption of alcohol within the spa are prohibited.
- Mobile phones and electronic devices are discouraged.
- Please inform the spa receptionists of any health conditions and medical complications so that we can recommend a suitable treatment for you.

**Valuables** – We recommend that no jewelry should be worn to the spa. The management and staff accept no responsibility for the loss of valuables of any kind brought into the spa premises.

**Payment** – Unless otherwise advised, all treatments will be charged to your room account to be settled at the time of check out. We also accept cash and most major credit cards. All prices are quoted in Thai Baht exclusive of 10% service charge and 7% applicable tax. Prices are subject to change without prior notice.

**In Room / In Villa Treatment** – (10:00am–18:00pm) advance reservation is essential, available upon request and only for rooms equipped with a massage bed. And additional surcharge of 10% will be applied.

Please touch 6 or e-mail to **spa@theslatephuket.com** for more information or reservations **www.theslatephuket.com**