



THE PAVILIONS *Spa*

“ REVIVE, REFRESH AND RESTORE ”



Discover The Pavilions Spa

Spa Pleasures are a seamless way of life at The Pavilions. The Pavilions Spa is a peaceful retreat where to indulge with heavenly treatments designed to revive, energize and pamper.

Choose from traditional Thai healing therapies, as well as soothing Western Spa rituals, and rejuvenate with our signature oil blends and beauty products, specially created for The Pavilions. Guests residing in our Pavilions and Penthouses can also take advantage of in-villa treatments in the privacy of their own Spa room.

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SIGNATURE *Pleasures*

THAI SILK

120 MINUTES | THB 4,500

Enjoy a **refreshing mandarin orange scrub** to revive body and senses. Once your skin is silky smooth, **traditional Thai massage** techniques will stretch and manipulate your body with medium to strong pressure to release energy blockages and promote flexibility, leaving you feeling supple and relaxed.

ISLAND PARADISE

120 MINUTES | THB 4,500

Inspired by our dreamy island setting, you start with an **exotic coffee scrub**, followed by a **Lomi Lomi massage**, a Hawaiian technique using soft to medium rhythmic palm and elbow strokes all along the body. This treatment is extremely relaxing and detoxifying, leaving your skin intensely nourished.





ESSENTIAL *Oil Massages*

THE PAVILIONS OIL MASSAGE 60/90 MINUTES | THB 3,000/4,000

Our signature massage enhances the benefits of our **exclusive blend of grapefruit, chamomile, lavender and geranium oil** with a combination of Western massage techniques. The long strokes and flowing movements release stress, harmonize and restore energy

REVIVE THE SENSES 60/90 MINUTES | THB 3,000/4,000

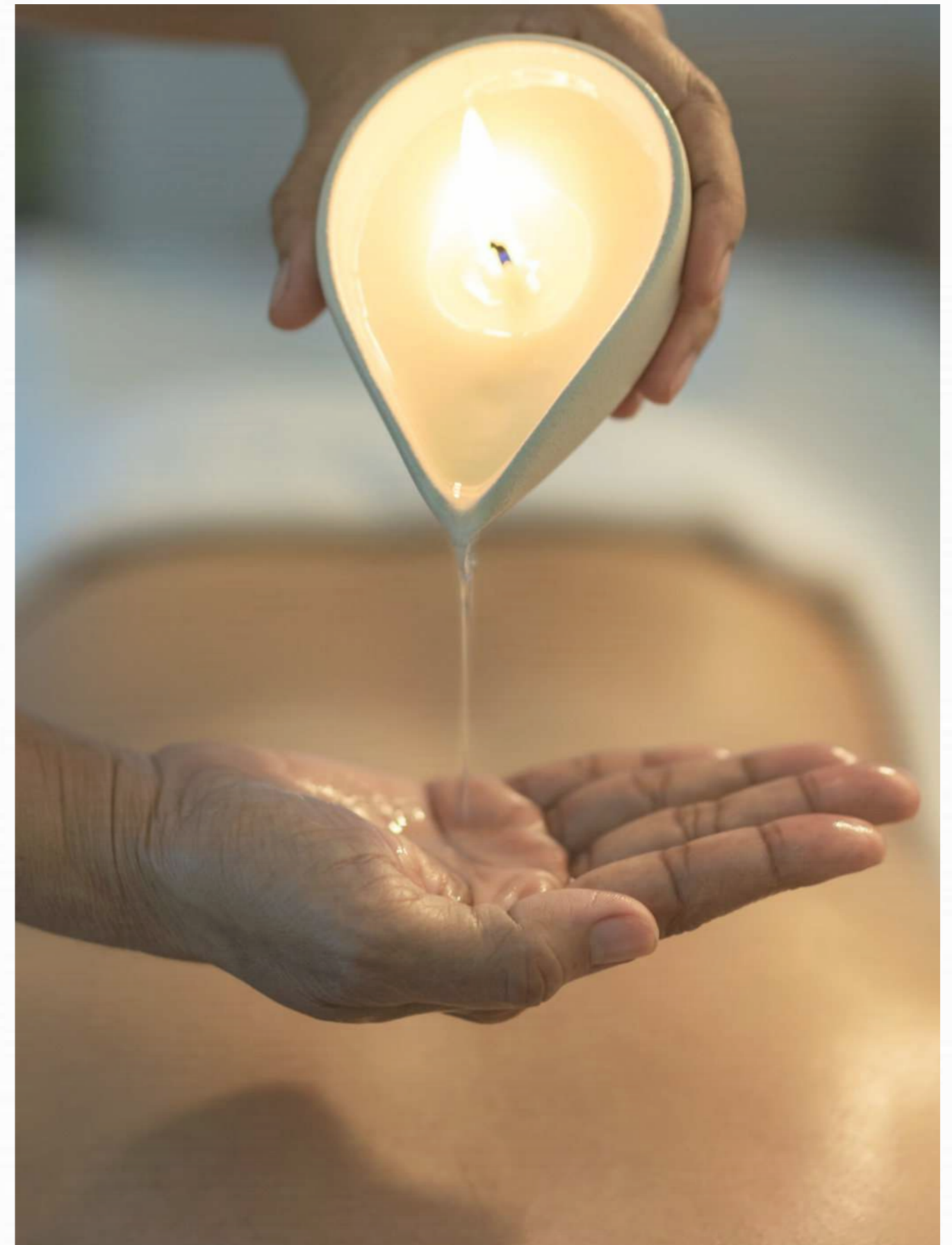
A holistic treatment that speaks to all senses, completed with your choice of **essential oil**. Using a combination of **acupressure techniques**, this soothing and gentle massage allows the healing properties of natural oils to penetrate deep into the skin, promoting an overall sense of well being.

DEEP TISSUE MASSAGE 60/90 MINUTES | THB 3,000/4,000

The perfect treatment for those seeking **relief from sore** muscles as a result of sports, stress or injury. The medium to strong pressure and the energizing blend of rosemary and sweet basil oil help release tension and relax the body.

BACK, SHOULDER & FOOT MASSAGE 60/90 MINUTES | THB 3,000/4,000

This **therapeutic massage** focuses on back, neck and shoulders. The treatment is designed to ease tension in the areas of the body where **muscle problems** occur most often and culminates in a soothing foot massage.





HEALING *Therapies*

FOOT MASSAGE

60 MINUTES | THB 2,000

This journey of relaxation will start with a **floral foot ritual**, cleans with **Lavender foot scrub**. The massage continues with **acupressure**, where mild pressure is applied to treat pain, discomfort and any tiredness within the feet.

THAI MASSAGE

60/90 MINUTES | THB 2,800/3,500

This journey of relaxation will start with a **floral foot ritual**, cleans with **Lavender foot scrub**. The massage continues with **acupressure**, where mild pressure is applied to treat pain, discomfort and any tiredness within the feet.

SIAM BLISS (THAI COMPRESS)

120 MINUTES | THB 4,500

A restorative healing therapy aimed at soothing and detoxifying body and mind. Traditional medium to strong Thai massage techniques are used to ease muscular tension, followed by a warm compress of natural Thai herbs to open pores and eliminate toxins, whilst supplying the skin with the restorative properties of ginger, cumin and lemongrass.

ROMANCING THE STONE

120 MINUTES | THB 6,000

Heated stones are used to promote blood circulation and help melt away tension. Your mind will unwind thanks to the combination of slow massage movements and the heat released by the stones. The treatment is completed by a therapeutic foot reflexology session to release tension resulting in sole-to-soul satisfaction.

BODY *Treatments*

Our natural body scrubs and wraps, assembled with nature's finest ingredients, will help you to a glowing and healthy complexion. ingredients

BODY SCRUBS

45 MINUTES | THB 1,500

A. Energizing Sea Salt

Bring your skin to new radiance with your choice of rosemary or lavender infused mineral Spa salts. This uplifting and firming treatment exfoliates the body leaving you perfectly glowing. Suitable for all skin types.

B. Calming Green Tea

This scrub is enriched with Shea butter and antioxidant-rich green tea extract, working together to gently remove dead skin cells and deep clean pores to reveal flawlessly fresh skin. Suitable for combination and oily skin types.



FACIAL *Treatments*

AFTER SUN FACIAL

60 MINUTES | THB 3,500

Designed to soothe a sunburned face, restore freshness, correct uneven skin tone, comfort, calm redness and prolong the tan. This treatment uses a cleansing milk lotion, non-alcohol white firming toner, collagen gel mask and multivitamin beads nourishing cream. The facial includes cleansing, toning, a mask and a massage to revitalize, rehydrate and boost facial skin recovery.

AGE REPAIR FACIAL

60 MINUTES | THB 4,000

Designed to restore the skin's firmness and reduce the appearance of lines and wrinkles. This treatment uses a cleansing milk lotion, non-alcohol white firming toner, facial scrub cream, facial massage cream, multivitamin C,E,K gel mask, aqua lock hya peel-off mask and multivitamin beads nourishing cream. The facial includes cleansing, toning, a gentle scrub, a mask, a peel and a massage to keep the skin looking fresh, smooth, and young.

PRESCRIPTION FACIAL

60 MINUTES | THB 3,000

Designed to cleanse, exfoliate, hydrate, and moisturize the skin. This treatment uses a cleansing milk lotion, non-alcohol white firming toner, facial scrub cream, facial massage cream, multivitamin C,E,K gel mask, Areese herbal mud mask, pearl whitening peel-off mask and multivitamin beads nourishing cream. The facial includes cleansing, toning, a mask, a peel and a massage to brighten, repair, and smooth the skin.



BATH

Rituals

Sink into the restorative bliss of **an aromatherapy bath** and discover the benefits of pure essential oils. Enjoy a couple bath experience or combine the ritual with any other treatment for a holistic Spa Pleasure.

Relax : Lavender, Chamomile

Refresh : Grapefruit, Lavender, Ylang Ylang

Relieve : Mint, Eucalyptus, Rosemary

HERBAL BATH

30 MINUTES | THB 1,200

Inspired by the healing properties of Thai spices and herbs infused with rosemary essential oil, this exotic ritual rejuvenates and revives body & spirit.

FLORAL MILK BATH

30 MINUTES | THB 1,200

Enjoy the moisturizing properties of this ancient tradition sprinkled with fresh rose petals and infused with the alluring scent of your favorite essential oil - designed to relax, refresh or relieve.



Combine your favorite Body Scrub or our Bath Rituals to create your very own Spa Pleasure.

