

Caracalla Spa

Body Treatments

Cellu-Smooth Green Coffee Body Wrap

This anti-cellulite treatment stimulates your body's ability to break down fat, increase metabolism, and eliminate fluid retention. Micronized green coffee smoothes and enhances skin texture.

Fee: 60 minutes/680 AED

Water Lily After-Sun Soothing Body Wrap

This treatment combines the benefits of Water Lilies and Green Tea extract to offer a phenomenal wrap that helps decrease skin temperature and the sensation of discomfort resulting from sunburns and over-sensitized skin.

Fee: 60 minutes/630 AED

Ancient Remedy Moroccan Rassoul Body Wrap

A warm Rassoul mud is generously applied to your entire body, stimulating the release of impurities. As your skin absorbs enriching minerals, your body radiates healthy purification and deep hydration for a delightful sense of complete renewal.

Fee: 75 minutes/725 AED

Elemis Exotic Lime and Ginger Salt Glow

An exotic exfoliation ritual invigorates and brings vitality to your face and body. Recommended for normal to dry skin.

Fee: 45 minutes/475 AED

Elemis Exotic Frangipani Body Nourish Wrap

A warm monoi oil wrap nourishes and moisturizes skin. Recommended for all skin types.

Fee: 60 minutes/620 AED

Silky Skin Full Body Polish

This full body polish treatment offers deep cleansing that eliminates dead cells, superficial toxicity, impurities, and sebum accumulation.

Fee: 45 minutes/475 AED

Elemis Exotic Coconut Rub and Milk Wrap

A traditional Balinese recipe with coconut, spices, and lavender polishes the skin, while the exotic body oil and milk nourishes and soothes your entire body. Recommended for normal and sensitive skin.

Fee: 60 minutes/620 AED

Youth Recall Moor Wrap and Full-Body Polish

A gentle, aromatic, creamy body polish exfoliates dry skin. Next, a warm, holistic, healing black-magma moor mud stimulates circulation and relieves sports pains, muscle fatigue, and jetlag. Skin feels fresh and revived with a healthy glow.

Fee: 90 minutes/875 AED

Elemis Cellutox Aroma Spa Ocean Wrap

Combining the riches of sea plants and marine algae with aromatherapy, this treatment is deeply detoxifying on all levels. A warm seaweed mask with active ingredients works to detoxify and stimulate your body.

Fee: 75 minutes/725 AED

Lumafirm® Body Firm and Glow Body Wrap

This wrap is enriched with an exclusive combination of anti-ageing extracts, the latest peptides, and an amazing liposomic technology. Deeply repairing and smoothing, it leaves skin incredibly soft.

Fee: 60 minutes/680 AED

Youth Recall Moor Body Wrap

A warm, aromatic Moor mud rich in natural vitamins, minerals, and enzymes is generously applied to your entire body. Sore muscles, aches, and pains are alleviated as your body's circulation is stimulated and stress vanishes.

Fee: 75 minutes/725 AED

Cellu-Smooth Green Coffee Wrap and Full-Body Polish

This detoxifying treatment begins with a gentle, aromatic body polish to exfoliate dry skin and remove toxins, and is followed by our Cellu-Smooth Green Coffee Body Wrap. It can also be performed locally on men as an abdominal-shaping sports

wrap.

Fee: 90 minutes/875 AED

Massage Services

Head, Face and Shoulder Massage

Pressure-point movements promote healthy hair growth, relieve and prevent headaches, and enhance mental clarity.

Fee: 30 minutes/310 AED

Elemis Musclease Massage

This massage technique targets the large muscle groups of the body. It improves blood flow and releases toxins in tired, overworked muscles.

Fee: 60 minutes/525 AED; 75 minutes/610 AED; 90 minutes/680 AED

Traditional Balinese Massage

A combination of gentle stretches and acupressure stimulates the flow of blood, oxygen, and energy around the body, and brings deep relaxation and wellness.

Fee: 60 minutes/500 AED; 75 minutes/550 AED; 90 minutes/695 AED

Swedish Massage

A combination of medium pressure and specific movements targets each area of the body. Concentration is placed on the major muscle groups in order to release tension and improve skin firmness and elasticity.

Fee: 60 minutes/480 AED; 75 minutes/530 AED; 90 minutes/650 AED

Pure Relaxation

This delightful journey combines aromatic oil with a therapist's skilled movements. Circulation is stimulated and tired muscles are relieved of tension, creating a deep state of tranquility and total peace of mind.

Fee: 60 minutes/480 AED; 75 minutes/545 AED; 90 minutes/660 AED

Skin Care Services

Lumafirm Lift and Glow Eye Contour

Formulated with an amazing lift-action complex, this phenomenal treatment instantly repairs your delicate eye zones as it reduces puffiness and dark circles.

Fee: 30 minutes/420 AED

Pevonia Refresher Facial

This pick-me-up facial includes an exfoliation, a toner, a mask, a moisturizer, and a relaxing head massage, leaving skin cleaner and fresher.

Fee: 45 minutes/380 AED

Caviar Skin Fit Facial

Rejuvenating caviar and freeze-dried Escutox® repair and replenish skin while counteracting ageing aggressors. This facial promotes healthy, youthful skin.

Fee: 90 minutes/1300 AED

Pevonia Deep-Cleansing Facial

A deep pore-cleansing facial consists of exfoliation, steaming, and cleansing of clogged pores, followed by a gentle massage to replenish your face, neck, and décolletage. Masks are available for dry, oily, combination, and sensitive skin types.

Fee: 60 minutes/550 AED

Urban Cleanse Facial for Men

This deep-cleansing facial decongests the skin and unblocks pores.

Fee: 75 minutes/720 AED

Blemished Skin In-Spa Treatment

To control and prevent acne, this clinical facial begins with a gentle yet thorough cleansing. Pevonia's Clear-O-Zym™ peel removes dead cells and softens follicular debris. Finally, an antiseptic mask with healing and calming benefits is applied.

Fee: 60 minutes/550 AED

Gentlemen's Face Treatment

Specifically targeting clogged pores, sensitive skin, and razor burn, this treatment includes deep cleansing, steaming, extractions, and a face and neck massage. Masks are available for dry, oily, combination, and sensitive skin types.

Fee: 60 minutes/550 AED

Tropical Glow (Mango and Passion)

Pevonia's Tropical Salt Mousse Glow full-body exfoliating treatment eliminates dead cells and impurities, refines the epidermis, releases negative ions, re-energizes the skin, and renders skin soft and silky.

Fee: 45 minutes/525 AED

Elemis Visible Brilliance Advance Facial

This anti-ageing treatment instantly firms and rejuvenates the skin around the eyes and the rest of the face.

Fee: 75 minutes/750 AED

Elemis Oxygen Skin Calm Facial

This face and eye treatment is thoroughly soothing and specially designed for reactive skin to reduce sensitivity.

Fee: 60 minutes/550 AED

Tri-Enzyme Resurfacing Facial

This highly effective treatment targets fine lines and wrinkles, acne, pigmentation, and superficial scarring. Please note that a patch test must be done two hours prior to this treatment to avoid any sensitivities.

Fee: 60 minutes/685 AED

Elemis Tester Facial

This express facial cleanses, tones, exfoliates, and uses a mask to maintain your skincare programme.

Fee: 30 minutes/380 AED

Elemis SOS Purifying Facial

This powerful, purifying face and eye treatment balances oily, problematic, and congested skin.

Fee: 75 minutes/720 AED

Elemis Skin Specific Facial

This therapeutic facial combines the power of aromatherapy products to cleanse, tone, and exfoliate. Specialised massage movements focus on relaxing your skin and mind.

Fee: 60 minutes/550 AED

Myoxy-Caviar Facial Treatment for Her

Lavishly formulated with nourishing shea butter, pearl extract, Escutox®, and vitamins A, C, and E, the Pevonia Myoxy-Caviar™ professional tri-phase treatment replenishes your skin and defends against the signs of time.

Fee: 90 minutes/1460 AED

Elemis Skin IQ Facial for Men

An anti-ageing booster for tired and stressed skin, this treatment is tailored to meet the needs of a hectic lifestyle and to combat the effects of frequent shaving and environmental pollution.

Fee: 75 minutes/720 AED

Luminous "C" and "Sea" Facial

Blending a potent concentration of stabilized vitamin C with the latest high-tech formulation of pure freeze-dried seaweed, this facial reduces fine lines, strengthens skin's elasticity, and counteracts photo-ageing, rendering skin luminous.

Fee: 90 minutes/960 AED

Prescriptive Facial

This preventive treatment repairs and nourishes skin by using Pevonia's high-quality anti-ageing ingredients, such as collagen, elastin, DNA, and vitamin C.

Fee: 60 minutes/670 AED

Lumafirm Lift and Glow Facial

This powerful treatment blend visibly firms and rejuvenates the skin. It effectively helps prevent premature slacking of the skin and delivers hydrating and tightening benefits for an instantly firmer, more youthful appearance.

Fee: 60 minutes/670 AED

Plantomer® Facial

Soothe and heal the sensitivity of your skin with this highly effective, calming treatment that reduces redness and alleviates irritated skin.

Fee: 75 minutes/715 AED