

EVOLUTION OF LONGEVITY, SPA AND BEAUTY

THE SAIL		AED	
The Sail Journey	120 minutes		1,920
<i>This Journey includes Burj Al Arab Enrichment Massage, Enrichment Polish and Envelopment</i>			
Burj Al Arab Enrichment Massage	60 90 minutes	885	1,025
Enrichment Polish and Envelopment	60 minutes		935
Enrich Enhancement Body Polish	30 minutes		520
Enrich Enhancement Body Envelopment	30 minutes		520

THE WAVE		AED	
The Wave Journey	120 minutes		1,920
<i>This Journey includes Burj Al Arab Awakening Massage, Awakening Polish and Envelopment</i>			
Burj Al Arab Awakening Massage	60 90 minutes	885	1,025
Awakening Polish and Envelopment	60 minutes		935
Awaken Enhancement Body Polish	30 minutes		525
Awaken Enhancement Body Envelopment	30 minutes		525

THE ATRIUM		AED	
The Atrium Journey	120 minutes		1,920
<i>This Journey includes Burj Al Arab Mindfulness Massage, Mindfulness Polish and Envelopment</i>			
Burj Al Arab Mindfulness Massage	60 90 minutes	885	1,025
Mindfulness Polish and Envelopment	60 minutes		935
Mindfulness Enhancement Body Polish	30 minutes		525
Mindfulness Enhancement Body Envelopment	30 minutes		525

BODY PROGRAMMES

SLIMMING		AED	
Refine	75 minutes		1,025
Contour	75 minutes		1,025
Tone	75 minutes		1,025
Totality	120 minutes		2,045

SLEEP		AED	
Basic	60 minutes		885
Power	90 minutes		1,025
Deep	120 minutes		1,525
Totality	180 minutes		2,045

SPORTS		AED	
Muscle Reflex	60 minutes		885
Muscle Reflex Plus	90 minutes		885
Muscle Intense	120 minutes		1,525
Muscle Totality	180 minutes		2,045

WELLNESS ZONE		AED	
Pre or Post Natal Massage	55 minutes		790
Foot Reflexology	30/55 minutes	520	830
Tension Relief Back Massage	45 minutes		685
Thai Massage	55/80 minutes	830	1,085
Talise Wellness Treat			255
Revitalizing massage	60 minutes		850



BURJ AL ARAB™

Jumeirah

ULTIMATE EXPERIENCES

		AED
Romantic Moon Light Swim		7,300
La Prairie Signature Elements	140 minutes	2,050
Burj Al Arab Signature Massage	90 minutes	1,100

FACIALS

		AED
La Prairie Ultimate Rejuvenating Platinum Facial	80 minutes	2,050
La Prairie Revitalizing & Perfecting Radiance Facial	80 minutes	1,375
La Prairie Caviar Lifting & Firming Facial	70 minutes	1,375
La Prairie White Caviar Brightening & Firming Facial	70 minutes	1,185

FACIAL PROGRAMMES - MEDI

		AED
Collagen Activator	60 minutes	1,025
Oxygen Renewal	90 minutes	1,425
Medi Intense	120 minutes	2,050

FACIAL - GLAMOUR

		AED
Diamond Facial	60 minutes	1,100
Ruby Facial	90 minutes	1,150
Gold Facial	120 minutes	2,600

BODY TREATMENTS

		AED
La Prairie Caviar Body Treatment	80 minutes	1,375
Superior Body Definer	80 minutes	1,025
Burj Al Arab Arabian Journey	85 minutes	1,025

SPA PACKAGES

		AED
La Prairie Swiss Bliss Treatment	150 minutes	2,210
Chakra Balancing Hot Stone Massage + Talise Treats	80 minutes	1,185
Therapeutic Massage + Talise Treats	55 minutes	940

NAIL ENHANCEMENTS

		AED
File & Polish Hands & Feet	30 minutes	520
File & Polish Hands & Feet with Shellac		745
Executive Manicure & Pedicure	45 minutes	830
Manicure with Shellac	90 minutes	645
Pedicure with Shellac		745
Shellac/Gel Polish Removal		410

Gel and polish nails are available upon request.

FITNESS ASSESSMENTS & TRAINING

		AED
Yoga/Wellness Session	60 minutes	610
Personal Training/Pilates Session	60 minutes	610
Fitness/Wellness Assessment	60 minutes	380

Please refer to our weekly session calendar.

Group classes are complimentary for guests and members.